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# Silver Lake Stake Adult Institute Class

## Week 9

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# The Doctrine of Christ

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”3 Nephi 11:31-41

”2 Nephi 31:2,21

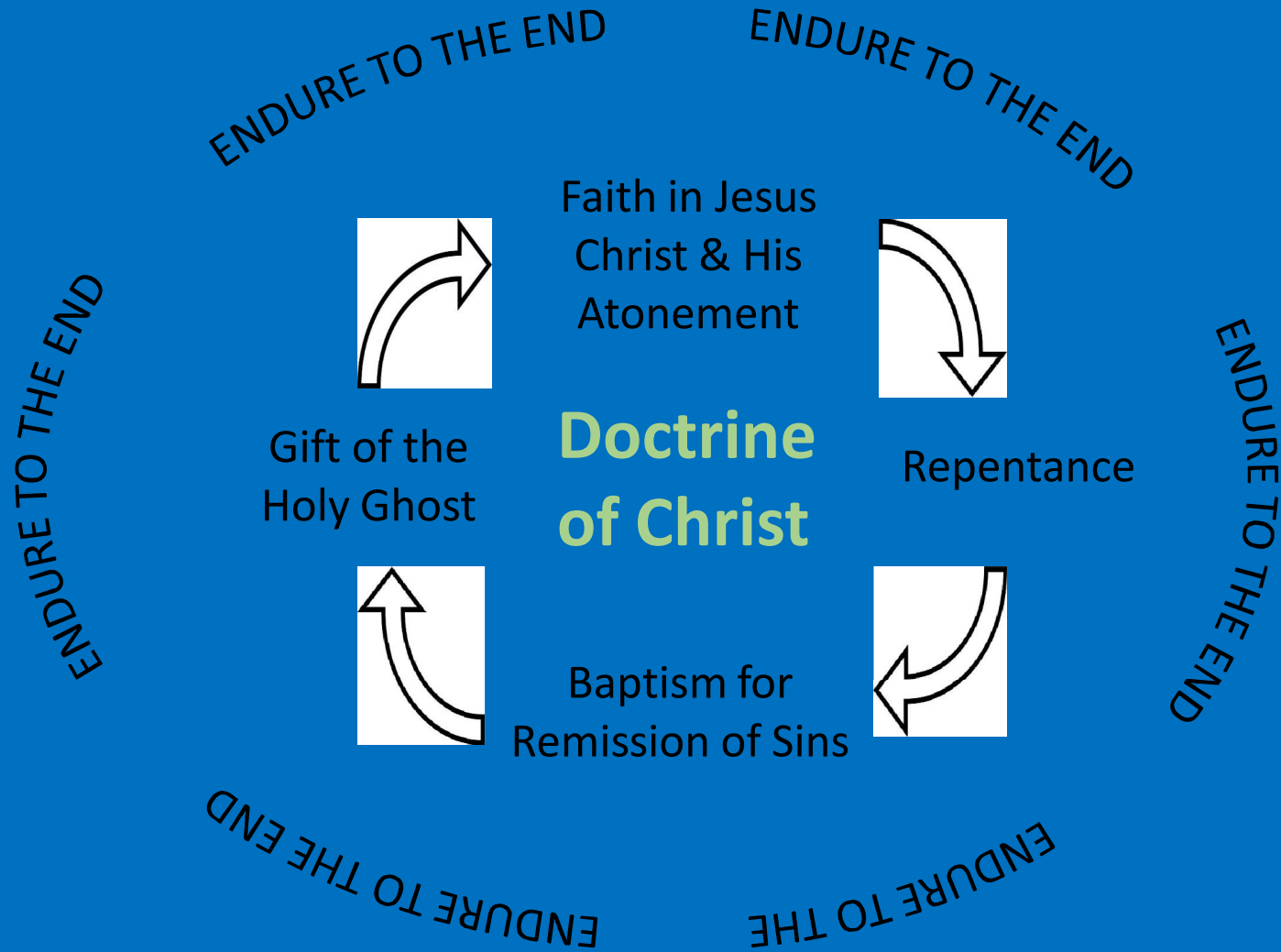
”2 Nephi 32:6



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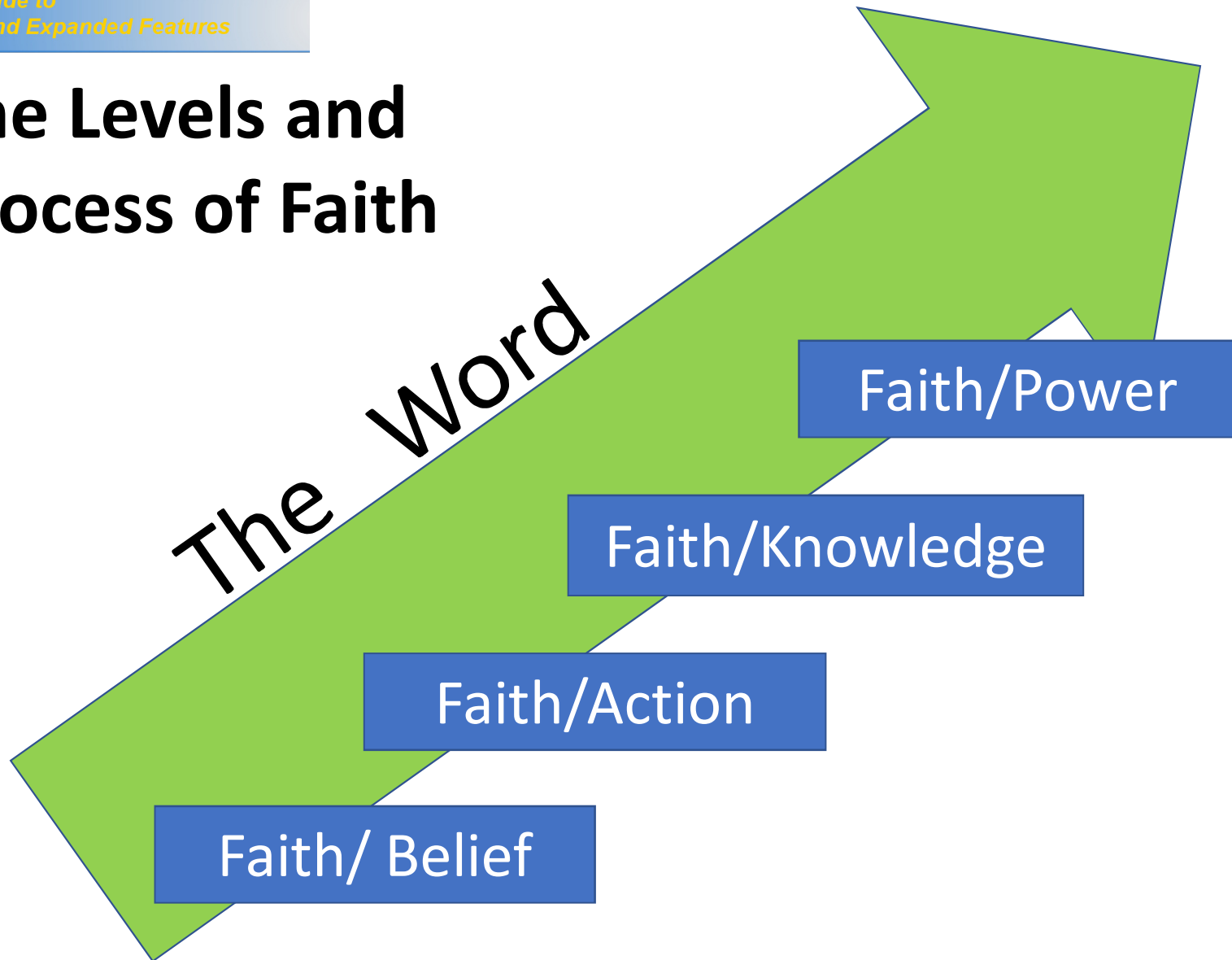


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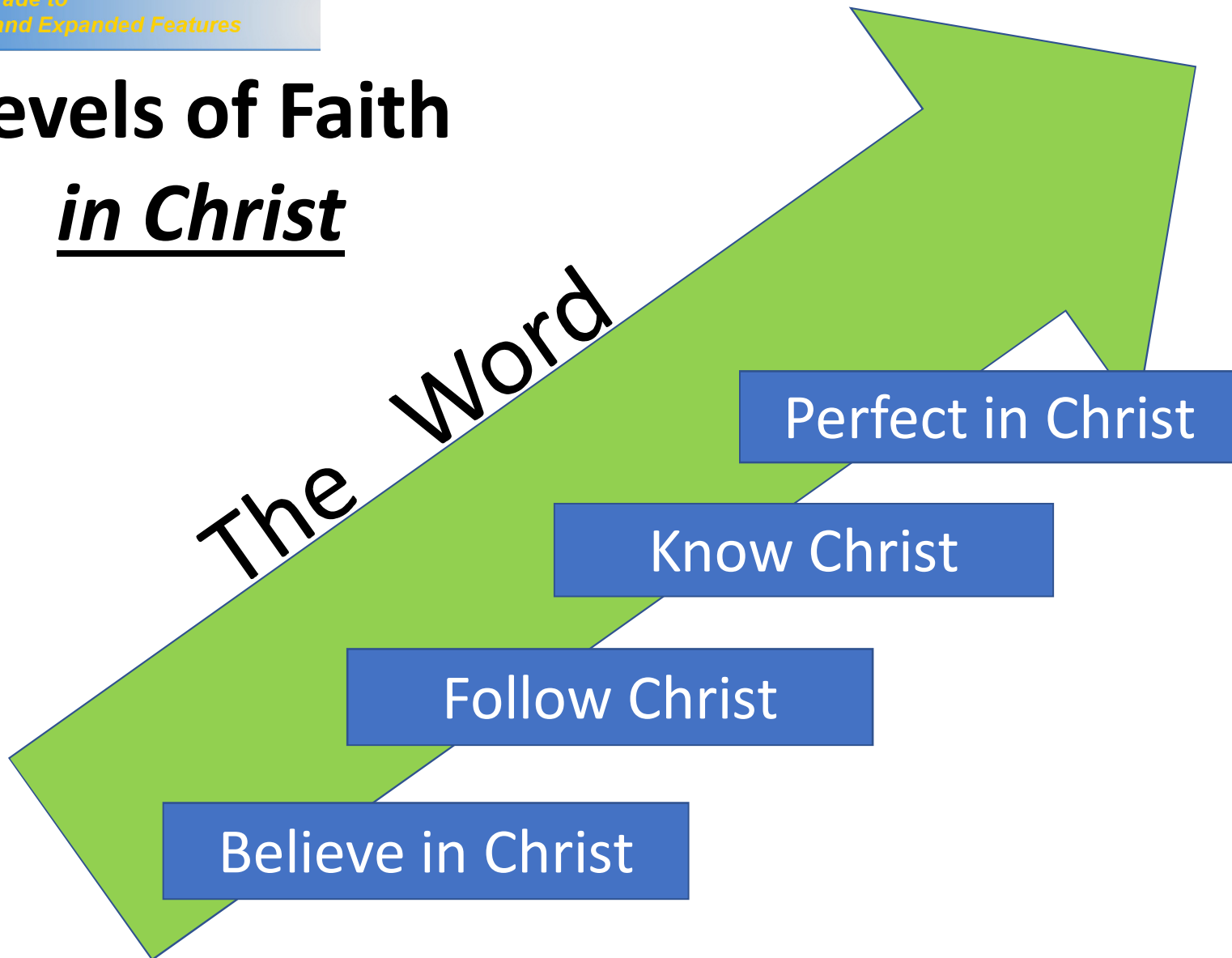
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# What is faith?

# The Levels and Process of Faith



# Levels of Faith in Christ





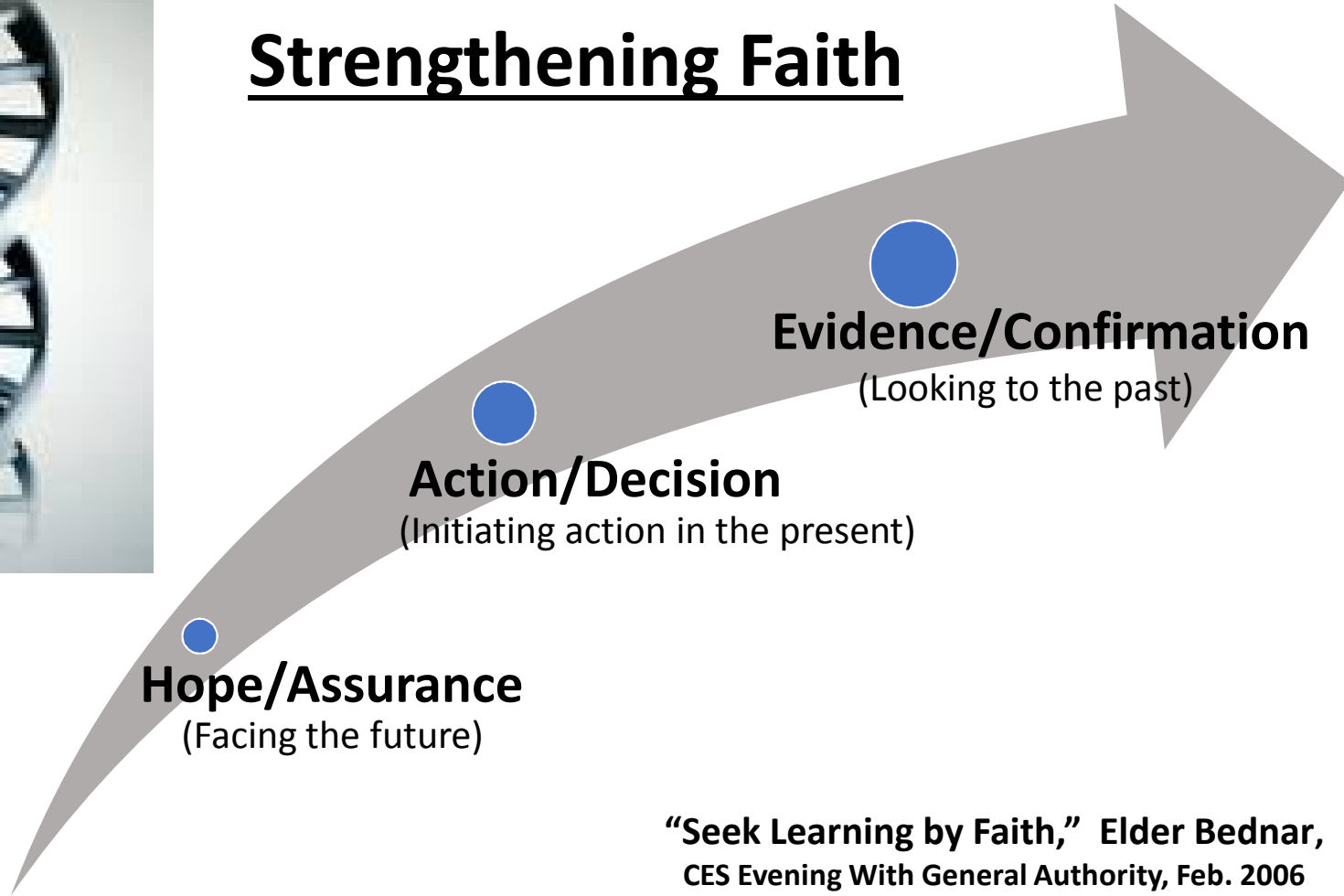
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## Strengthening Faith



**“Seek Learning by Faith,” Elder Bednar,  
CES Evening With General Authority, Feb. 2006**

# Faith in Christ

Faith as **Assurance** for the Future—Through Christ and the Atonement I can change.

Faith as **Action** in the Present—Through Christ and the Atonement I will repent.

Faith as **Evidence** of the Past—Through Christ and the Atonement I feel forgiven, and my faith grows.



# **“John, do you have the faith not to be healed?”**

Faith is not getting what we want;  
true faith is knowing the will of  
God and aligning our will to His.

# What are the blessings or effects of faith?

## What do you learn from these verses?

1 Nephi 1:20

1 Nephi 12:10,11

2 Nephi 26:13

Jacob 1:5

Jarom 1:4

Alma 7:27

Alma 14:28

Alma 29:5

Alma 41:5

Helaman 5:47

3 Nephi 1:11

3 Nephi 17:20

3 Nephi 27:19

Ether 3:9

Moroni 7:41

1 Nephi 2:19

2 Nephi 3:21

2 Nephi 27:23

Enos 1:8,12,18

Mosiah 27:14

Alma 12:30

Alma 19:23

Alma 37:40

Alma 57:21

Helaman 15:9

3 Nephi 9:20

3 Nephi 19:28,29

Mormon 9:37

Ether 12:29

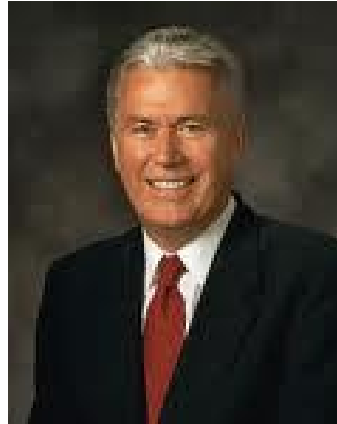
Ensign, April 1986

## ***Jesus, the Very Thought of Thee***

By: Todd A. Britsch

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**“...We rediscovered the fact that repentance is a dead and useless principle unless it is preceded by faith in Jesus Christ.”**



%We need a strong faith in  
Christ to be able to repent+

([Point of Safe Return](#),+Ensign or Liahona, May 2007, 100).



“Christ is the  
power behind all  
repentance”

(Jeffrey R. Holland, *However Long and Hard the Road* [1985], 85).

**Without faith in  
Christ and His  
Atonement there is  
no power in  
repentance.**



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# Faith unto Repentance

Alma 34: 15-17





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# Thy faith hath made thee whole

Matt. 9:22; Mark 5:34; 10:52; Luke 7:50;  
8:48; 17:19; Enos 1:8

**Faith in Christ is what allows us to  
access and receive power from  
Christ and His Atonement.**

**This is what it means when we talk  
of applying the Atonement in our life.**

***Therefore, in order to repent one must  
first seek to acquire sufficient faith in  
Christ and His Atonement to begin and  
finish the repentance process.***

# How can we strengthen our faith?

Apostle Paul

*So then faith cometh by hearing,  
yea by hearing the word of God.*

Romans 10:17

Moroni

*. . . I say unto you that he cannot have faith  
and hope, save he shall be meek, and lowly  
of heart.*

Moroni 7:43

# Alma

*Therefore, blessed are they who humble themselves without being compelled to be humble; or rather, in other words, blessed is he that believeth in the word of God . . .*

Alma 32:16

## Joseph Smith, the Prophet



**Having a knowledge of God, we begin to know how to approach Him and how to ask so as to receive an answer. When we understand the character of God, and know how to come to Him, He begins to unfold the heavens to us, and to tell us all about it. When we are ready to come to Him, He is ready to come to us.**

King Follett Discourse



*Do we only know about  
the Savior, or are we  
increasingly coming to  
know Him? How do we  
come to know the Lord?*

October 2016 Conference





Oct. 2016

We come to know the Savior as we do our best to go where He wants us to go, as we strive to say what He wants us to say, and as we become what He wants us to become. As we submissively acknowledge our total dependence upon Him, He enlarges our capacity to serve ever more effectively. Gradually, our desires align more completely with His desires, and His purposes become our purposes, such that we would “not ask that which is contrary to [His] will.”

Elder Henry B. Eyring, October 1986 Gen. Conf.

**...If I had the chance to teach one thing, it would be what it means and how it feels to exercise faith in Jesus Christ unto repentance.**

To do it I would try to take the person I loved on a journey from when we were with a loving Father in Heaven to when we can go home to him again. We would see the fall of Adam and Eve and feel its effects on us. We would go to Bethlehem and rejoice at the birth of the Son of God, and to the Garden and to Golgotha as *our hearts break at the transcendent gift of the Atonement*. And we would go to the open tomb, and to Galilee, and to this hemisphere to feel hope in keeping the commandments of the Risen Lord. Then, we would go to a grove in New York to watch the boy Joseph Smith talk with God the Father and his resurrected Son, to begin the errand that restored the ordinances of the gospel, which can lead us home again.

**“A religion that does not require the sacrifice of all things never has power sufficient to produce the faith necessary unto life and salvation; for, from the first existence of man, the faith necessary unto the enjoyment of life and salvation never could be obtained without the sacrifice of all earthly things.”**

(Lectures on Faith, pp. 58–60)



***When his soul has  
been made an  
offering for sin he  
shall see his seed.***

Mosiah 15:10

Through sacrifice Christ came to  
know us, really know us,  
and through sacrifice  
we come to know Him.



Elder Neal A.  
Maxwell, April 1995  
Conference

So it is that real, personal sacrifice never was [about] placing an animal on the altar. Instead, it is a willingness to put the animal in us upon the altar and letting it be consumed! Such is the sacrifice unto the Lord of a broken heart and a contrite spirit,+a prerequisite to taking up the cross, while giving away all [our] sins+in order to know God+for the denial of self precedes the full acceptance of Him.

## President Eyring

It will take unshakable faith in the Lord Jesus Christ to choose the way to eternal life. It is by using that faith we can know the will of God. It is by acting on that faith we build the strength to do the will of God. And it is by exercising that faith in Jesus Christ that we can resist temptation and gain forgiveness through His Atonement.



Conference Oct. 2005





## Elder Neal L. Andersen

**Faith is not only a feeling; it is  
a decision.**

**With prayer, study, obedience,  
and covenants, we build and  
fortify our faith.**

April 2007 General Conference

What will you choose to do today to exercise your faith in Jesus Christ and His Atonement?

What will you choose to do today to increase your faith in Jesus Christ and His Atonement?



## Luke 17:5

“And the apostles said unto  
the Lord, Increase our faith.”

FAITH IS A GIFT FROM GOD.

## **What is Faith?**

(In a general/religious sense)

<b>1:1</b>	<b>First principle in revealed religion</b>
<b>1:1</b>	<b>Foundation of all righteousness</b>
<b>1:8</b>	<b>Assurance of things not seen</b>
<b>1:8, 9-11</b>	<b>Principle of action and the moving cause of all action—physical, mental, spiritual</b>
<b>1:12</b>	<b>Principle of power</b>
<b>1:14-20</b>	<b>Attribute of Deity</b>
<b>1:23-25</b>	<b>Governing principle of power, dominion, and authority over all things</b>

**“When a man works by faith, he works by mental exertion instead of physical force.” (7:11)**



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