



Silver Lake Stake

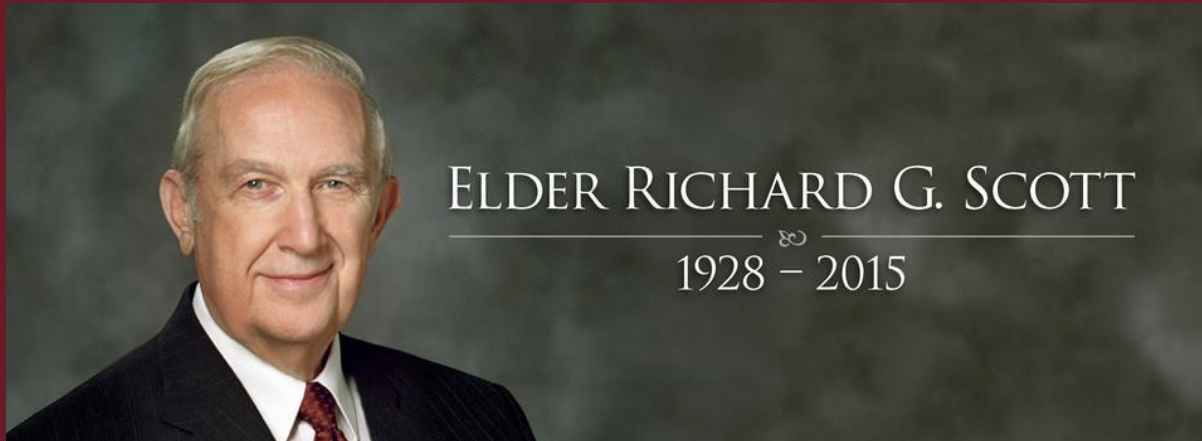
Adult Institute Class

29 October 2020

Week Six

Pondering the grandeur of the Atonement evokes the most profound feelings of awe, immense gratitude, and deep humility. Those impressions can provide you powerful motivation to keep His commandments and consistently repent of errors for greater peace and happiness.

(October 2006 Conference)





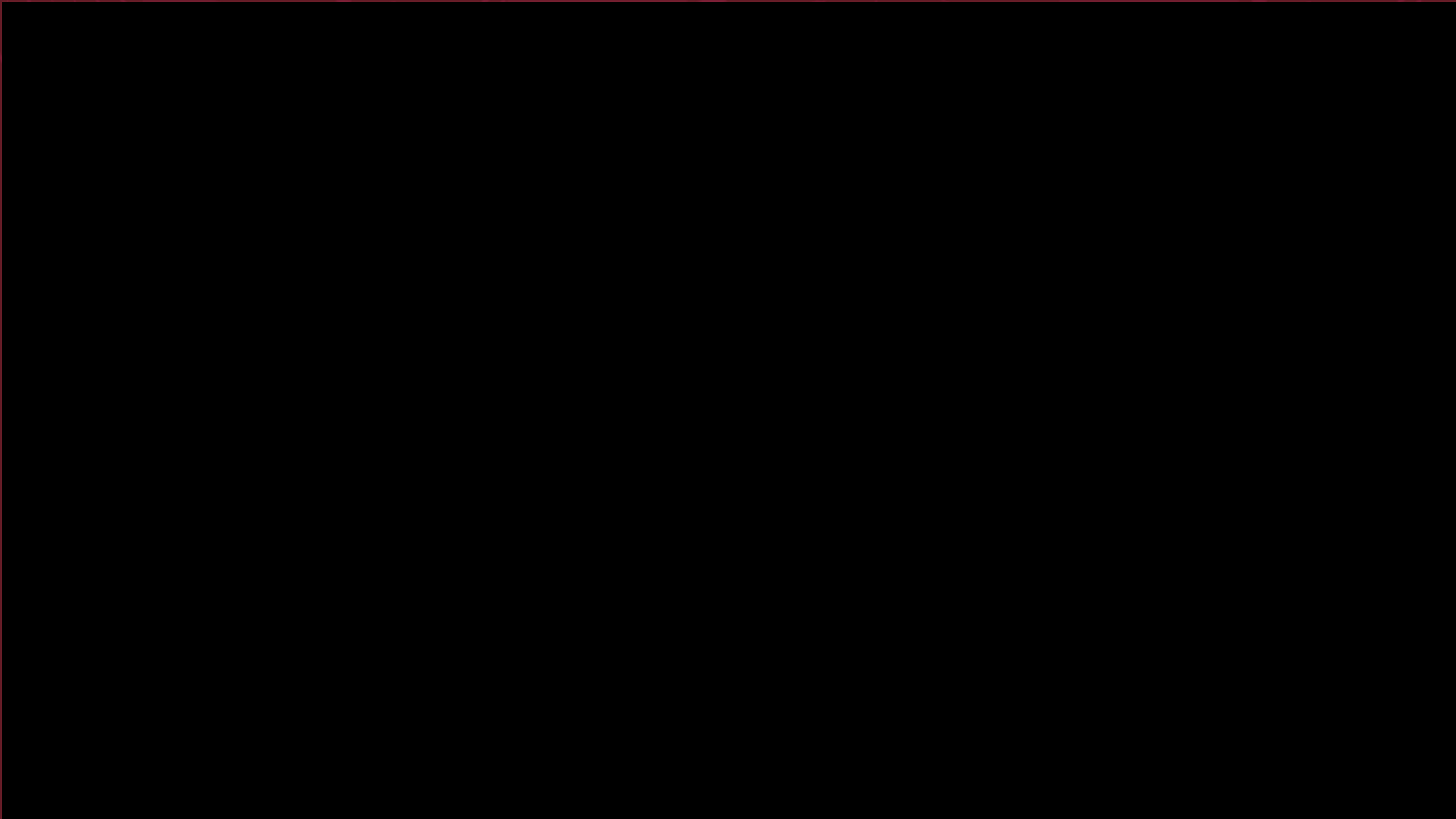
President Packer, October 2012

We do not know exactly how the Lord accomplished the Atonement. But we do know that the cruel torture of crucifixion was only part of the horrific pain which began in Gethsemane—that sacred site of suffering—and was completed on Golgotha.

Elder James E. Talmage, *Jesus the Christ*, p.661

“[On the cross] it seems that in addition to the fearful suffering incident to crucifixion, the agony of Gethsemane had recurred, intensified beyond human power to endure. In the bitterest hour, the dying Christ was alone , alone in most terrible reality. That the supreme sacrifice of the Son might be consummated in all its fullness, the Father seems to have withdrawn the support of His immediate Presence, leaving to the Savior of men the glory of complete victory over the forces of sin and death”

(Quoted by: Elder Bruce R. McConkie in *The Mortal Messiah*, 4:226)



April 2009 General Conference "None Were With Him"

Elder Tad R. Callister,

The Savior . . . submitted to the inhumanity of man; His body longed for sleep; He hungered; He felt the pains of sickness. He was in all respects subjected to every mortal failing experienced by the human family. Not once did He raise the shield of godhood in order to soften the blows. Not once did He don the bulletproof vest of divinity. That He also had godly powers did not make His suffering any less excruciating, any less poignant, or any less real. To the contrary, it is for this very reason that His suffering was more, not less, than His mortal counterparts could experience.

(Elder Callister, continued)

He took upon Him infinite suffering, but chose to defend with only mortal faculties, with but one exception—His godhood was summoned to hold off unconsciousness and death (i.e., the twin relief mechanisms of man) that would otherwise overpower a mere mortal when He reached His threshold of pain. For the Savior, however, there would be no such relief. His divinity would be called upon, not to immunize Him from pain, but to enlarge the receptacle that would hold it. He simply brought a larger cup to hold the bitter drink.

(The Infinite Atonement, p.119)

"Christ's agony in the garden is unfathomable by the finite mind, both as to intensity and cause. ... He struggled and groaned under a burden such as no other being who has lived on earth might even conceive as possible. It was not physical pain, nor mental anguish alone, that caused Him to suffer such torture as to produce an extrusion of blood from every pore; but a spiritual agony of soul such as only God was capable of experiencing. No other man, however great his powers of physical or mental endurance, could have suffered so"

(Jesus the Christ, 3rd ed. [1916], 613).

**In the garden and on the cross,
Jesus saw each of us and not
only bore our sins but also
experienced our deepest
feelings so He would know
how to comfort and strengthen
us.**

April 1995 Conference,
Elder Merrill J. Bateman,



October 2016

Joy is powerful and focusing on joy brings God's power into our lives. As in all things, Jesus Christ is our ultimate exemplar, "who for the joy that was set before him endured the cross." (Hebrews 12:2) Think of that! In order for Him to endure the most excruciating experience ever endured on earth, our Savior focused on *joy*!

And what was the joy that was set before Him? Surely it included the joy of cleansing, healing, and strengthening us; the joy of paying for the sins of all who would repent; the joy of making it possible for you and me to return home—clean and worthy—to live with our Heavenly Parents and families.

Who caused the death and suffering of Christ?

1 Nephi 11:32-33

1 Nephi 19:7,9

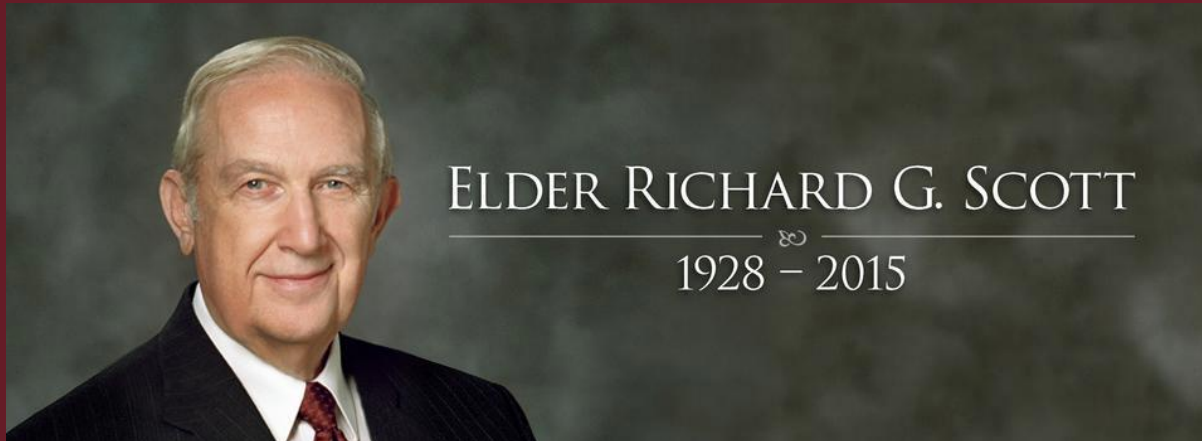
Mosiah 14:3-6

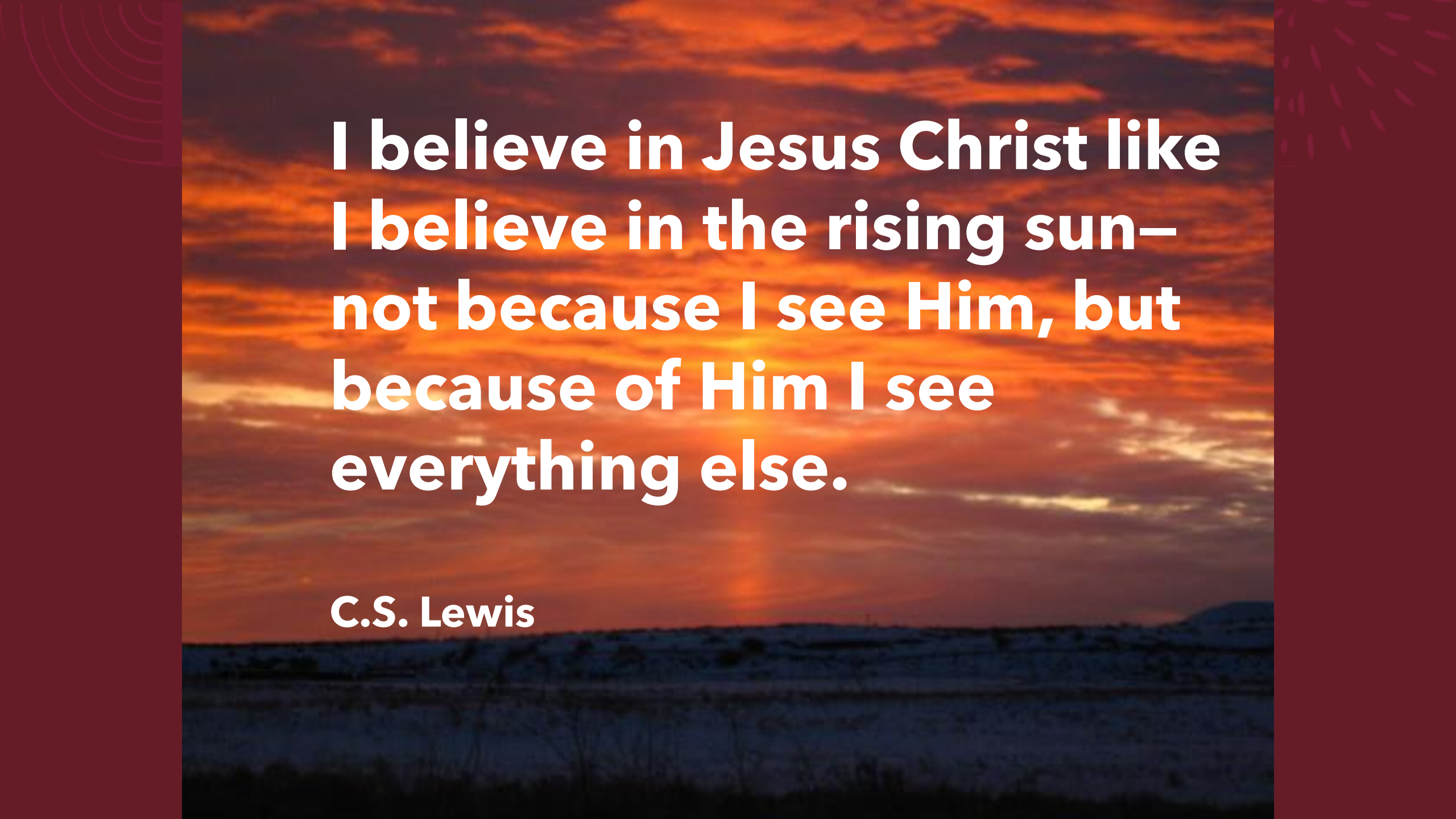




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(October 2006 Conference)



The background of the image is a photograph of a sunset. The sky is filled with vibrant orange and red clouds, with the sun's glow visible in the center. Below the horizon, there is a dark, silhouetted landscape that appears to be a field or a body of water. The overall mood is contemplative and serene.

**I believe in Jesus Christ like
I believe in the rising sun—
not because I see Him, but
because of Him I see
everything else.**

C.S. Lewis

